

## Managed Long-Term Care

Call us: 1-855-551-6996  
7 days a week, 8am-8pm

TTY  
English: 1-888-542-3821  
Spanish: 1-888-867-4132



### About

Learn more about our Managed Long-Term Care plans, which offer essential benefits and services to help you or a loved one remain as independent as possible.

### Benefits such as

- A personal Care Management Team to oversee every part of you or a loved one's care
- Professional and reliable nurses and home attendants to deliver the care and support you or a loved one needs
- Vision and dental care, home-delivered meals, and personal care
- Transportation to/from doctor's appointments

If you or a loved one needs care at home, Healthfirst's Managed Long-Term Care options might be the right choice.

#### With a Healthfirst Managed Long-Term Care plan, you get:

- A personal Care Management Team to oversee every part of you or a loved one's care
- Professional and reliable nurses and home attendants to deliver the care and support you or a loved one needs
- Vision and dental care, home-delivered meals, and personal care
- Transportation to/from doctor's appointments

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Healthfirst AbsoluteCare FIDA Plan (Medicare-Medicaid Plan) is a managed care plan that contracts with both Medicare and New York State Department of Health (Medicaid) to provide benefits of both programs to Participants through the Fully Integrated Duals Advantage (FIDA) Demonstration.

Healthfirst Health Plan, Inc., dba Healthfirst Medicare Plan, is an HMO plan with a Medicare contract and a contract with the New York Medicaid program. Enrollment in Healthfirst Medicare Plan depends on contract renewal.

This is not a complete list. The benefit information is a brief summary, not a complete description, of benefits. For more information, contact the plan or read the Member/Participant Handbook. Limitations and restrictions may apply. For more information, call Healthfirst Member/Participant Services or read the Healthfirst Member/Participant Handbook. Benefits may change on January 1 of each year. Medicare Part B premium is covered for dual-eligible members with full Medicaid coverage. Both plans are available to anyone who has full Medicaid benefits from the State and Medicare. Healthfirst Medicare Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

The State of New York has created a Participant Ombudsman Program called the Independent Consumer Advocacy Network (ICAN) to provide Participants free, confidential assistance on any services offered by Healthfirst AbsoluteCare FIDA Plan. ICAN may be reached toll-free at 1-844-614-8800 or online at [icannys.org](http://icannys.org). (TTY users call 711, then follow the prompts to dial 1-844-614-8800.)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-305-0408 (TTY 1-888-867-4132).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-866-305-0408 (TTY 1-888-542-3821)。