

The Essential Plan

Call us: 1-855-725-3349
Monday-Saturday, 8am-8pm

TTY
English: 1-888-542-3821
Spanish: 1-888-867-4132



About

Find out if you're eligible to get health coverage for a \$0 monthly premium.

Benefits such as

- Doctor visits, including no-cost preventive care and wellness visits
- Emergency room and urgent care visits
- Hospital stays
- Lab tests (including blood tests and X-rays)
- Prescription drug coverage
- 24/7 access to doctors through video chat or phone with Teladoc
- And more!

Think you can't afford health insurance? You have options.

You could pay as little as **\$0 or \$20 a month** with the Essential Plan, available to individuals between the ages of 19 and 64, based on your household income. With the Essential Plan, you'll pay **no deductible** and have access to benefits such as:

- Doctor visits, including no-cost preventive care and wellness visits
- Emergency room and urgent care visits
- Hospital stays
- Lab tests (including blood tests and X-rays)
- Prescription drug coverage
- 24/7 access to doctors through video chat or phone with Teladoc
- And more!

You can even get **vision and dental coverage for \$0**, or just a few dollars more, depending on the plan.*† Plus, enrollment in the Essential Plan is **available all year long. We can help you find out if you're eligible.** PLUS, you'll have access to:

- A large network of doctors and specialists at many of New York's top hospitals
- Healthfirst community locations throughout New York City and on Long Island
- Help in the language you speak. We can even come to your home to help you find a plan that's right for you.

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Plans are offered by affiliates of Healthfirst, Inc. Plans contain exclusions and limitations.

Some copay, premium, and additional costs may apply, based on income and plan type.

Telemedicine isn't a replacement for your Primary Care Provider (PCP). Your PCP should always be your first choice for care and for regular visits.

†You must be enrolled in a Healthfirst Essential Plan 1 Plus Vision & Dental; a Healthfirst Essential Plan 2 Plus Vision & Dental; a Healthfirst Essential Plan 3; or a Healthfirst Essential Plan 4 to have adult dental and adult vision benefits.



To learn more about applying for health insurance through NY State of Health, The Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call [855-355-5777](tel:855-355-5777).